

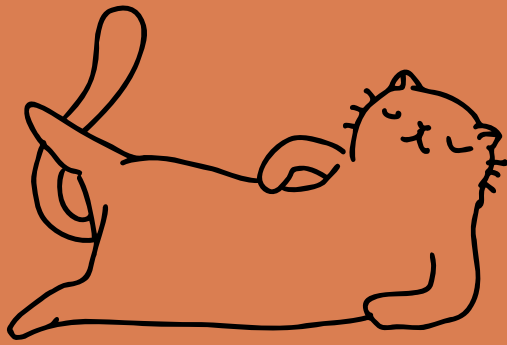
How To Spoil Your Kitties and...



THE *Crazy* CatsLady.com Ultimate *Cat Pampering* GUIDE

Have Them Begging For More

by the CrazyCatslady, Rebecca K.



How To Pamper Your Cat

Let Them Know They're Loved	3
Stimulating, Comfortable Environments	5
Keep Them Occupied With Fun	6
Tickle Their Palates with Tasty Treats	7
Three Crazy Cat Treat Recipes	8

Table of CONTENTS

Please Visit For More...



LET THEM KNOW THEY'RE LOVED



Coo-coo! Cats love the sound of your voice “coo-ing” at them. Though you may feel awkward doing it, they respond well to loving, admiring and approving sounds that aren’t necessarily words (even singing them a song works wonderfully). Personally, I have a special rhyming song for each of my kitties, so they come to associate my tune with their name.

Cam it Up: Install a home camera or two (or more!) which have integrated intercom systems which allow you to speak into your mobile phone and relay it through the system. Like this, your kitties can hear your comforting voice while you’re away. For example, Amazon’s affordable systems like the “Blink” line are easy to install, monitor, and maintain. Besides a treat for them, it’s a pleasure for you to be able to check on them (and the catsitter) whenever you like.

Fluffy Expanses: When/if you leave town for a while, spread several pieces of washable, wide fluffy fabric across the floor as much as possible (found in most fabric shops in the costume/furry fabric section). Cats love to stretch out and luxuriate in the fluffy expanse and it will also protect your floor from accidents while you’re away (and they may feel anxious about your absence which might equate with more accidents).

LET THEM KNOW THEY'RE LOVED, Continued...



Give Massages – Rub between your cat's ears, under their chin, along their cheeks, shoulders, and back. Always respect their boundaries.

The Coco Roco Treat: Rub a modest amount of coconut oil into your cats' fur, getting as close to their skin as possible to allow the moisturizing and nourishing effects of the oil to soak in. They may indeed feel compelled to lick off the oil afterwards from head to toe, but the oil won't harm them and will nourish them from within.

White Babies: If you've got all-white cats or cats with white ears, apply an un-treated, un-scented shea butter or coconut oil to their ears to help protect/treat their ears from sun damage (which can sometimes be cancer-causing if left too long exposed and without treatment). Sunscreens can work (but not recommended unless it's a product specifically made for pets). Please consult your vet before purchasing or applying any animal sunscreens. Keep an eye on these precious white-eared babies to make sure they don't get too much sun exposure. Encourage them to stay in a covered porch or other enclosed and covered area so their ears and noses don't get sun-damaged.

Try the Spa Treatment – Invest in grooming supplies like nail grinders, deshedding tools, clippers, and brushes. Top it off by drawing them a luxurious, warm (not hot!) bath and see if you're one of the rare cat people who can get kitty to enjoy a bath.

Cooling Treatment – In extreme hot weather: Put a wet washcloth in the fridge or freezer and let it get chilly; Run the cloth over their entire body, including their head.

Winter Warming Treatment – Use a freshly-filled hot water bottle (preferably fabric-covered) at night and/or first thing on cold mornings, to warm your kitty's sleeping spot. Keep it under a blanket so the warmth is extended over time but kitty can't get burned and still enjoy the warmth.

Snug It Up: Put a warm snuggly blanket or two in the dryer for long enough to warm up the fibers so kitty can be surrounded by warmth as soon as the blanket is removed from the dryer and covering him or her.





*Spoil them
with...*

Stimulating, Comfortable Environments

Establish Cozy Nap Spots – Place plush beds all around the house in sunny and shady spots. Provide a variety of textures and surfaces like fleece, sherpa, cotton, sheepskin, or heated beds made especially for pets.

Additional Tents: If you have a dining room you never use, or while you're away for a few days... (or even if you're home and hard-core cat crazy!)...If you have dining room chairs (with lower backs) which the cats enjoy sitting in...Cover the table with a large table cloth (quite a bit larger than needed for that table size). Drape the tablecloth over all the chairs, covering any openings so that the chairs become hiding places that are fully tented. Preferably, the chairs can also have some fluffy/ "fake fur" pieces of fabric on the seat so when kitty sleeps in his/her dark protective tent, it's extra comfy.

Build a Catio – For those with the space and budget to spare for spoiling your cats.... Give your cat a safe outdoor enclosure to lounge in the sunshine and get fresh air. Add climbing shelves, scratching posts, and toys to make it a kitty paradise. If you are concerned about your loved ones escaping, endeavor to cover any outdoor place with cat-proof fencing, or specialized cat fencing (often purchased online). Think about designing a quality enclosure using protective materials (i.e. chicken coop wire, strong mesh, iron cutout pieces like laser-cut designs on thin metal, wood lattice work, plastic lattice, etc.) so cats can't get out, and nothing can get in. Consult with your favorite handyman or carpenter on how to create the safest environment so kitty can enjoy the outdoors without escaping/getting lost. One product that comes highly recommended is known as Purrfect Fences...please see <https://www.purrfectfence.com/>

Get Fluffy: A nice furnishing option for your cats' indoor or outdoor space, covered porch, catio, or screened-in area, is to invest in plush, machine-washable bathroom rugs which you might find in second-hand stores or cheaply at local shops. Avoid flaky plastic backings. Go for the kind with woven fabric. More costly but worth it in the end. These rugs will be going in and out of the washing machine a lot over time, and ideally should not break down or create flaky bits that your pets might accidentally ingest.

KEEP THEM OCCUPIED WITH FUN

Set Up Puzzle Feeders – Work your cat's brain by having them "hunt" for meals. Hide treats in food puzzle toys or stuffable balls to stimulate their natural instincts. Cat nip in a sock always works!

Buy New Toys – Stock up on interactive toys like feather wands, laser pointers, treat-dispensing balls, and catnip-filled mice. Rotate toys to keep things interesting. Motorized toys (operated by battery) cost a little more but can keep them (especially groups of cats) playing for hours.

Build Kitty Playgrounds – Craft obstacle courses and tunnel systems from cardboard boxes, cat trees, scratching posts, and climbing shelves to explore. Paper shopping sack, anyone? The simplest things can give your baby profound enjoyment.

Plant Kitty Grass – Let your cat nibble on fresh, homegrown grass for digestion and amusement. Try wheatgrass, rye, barley, or oat kernels. Typically, grass seed spread in/on the soil of even potted plants, has a good chance to grow and can give enough snacks for multiple cats (if you've got multiple pots with good dirt). Whatever you do, do NOT add any growth liquids, extra fertilizer, or pesticides to your potted plants/planted grass.

The Magic Box: Dispense your commercial or home-made cat treats (i.e. "Temptations") by keeping them hidden in a drawer in a small jewelry box (like the small cardboard ones that come with costume jewelry but remove any cotton linings). When you bring the box out, and shake the box, it's a distinctively tempting sound they come to associate with the treats and treat time. They'll brim with anticipation and joy when they hear the treats, the lid of the box is lifted and their treat is dispensed.





Tickle Their Tongues with... *home-made* Tasty Treats

Every once in a while for a treat... Bake a fish, (or a cheaper cut of lamb or beef—see “tenderizing” note below)! Have the fish person in your local grocery store choose a reasonably-priced, preferably smellier and “wild-caught” fish. Let them filet it for you on-site, leaving behind any good soft parts that cats might like but human’s typically don’t (like fish guts). Bring your fish home and bake it up in the oven on a low to medium temperature until well-done (so your kitties won’t get any unwanted bacteria). Let it cool well and serve whole (with a few cuts to break it up; double check for any larger bones left behind. Let them get the joy of digging in and devouring, cave-cat or sea-cat style.

Cat Soup: if you’ve got a powerful Vitamix or similar blender, use it to mix a can of high-quality canned cat food with some wild-caught tuna, a fleshy fish or tender cooked grass-fed beef or lamb (just enough to give it a more authentic flavor). Tenderize your meat by soaking it first in generously salted water (a process also known as “brining”). Brine (and drain) at least 2 hours prior to baking or pressure-cooking the meat. Emulsify the mixture into a fine thick soup which they may enjoy lapping up with vigor.

Next...
**Treat
Recipes**



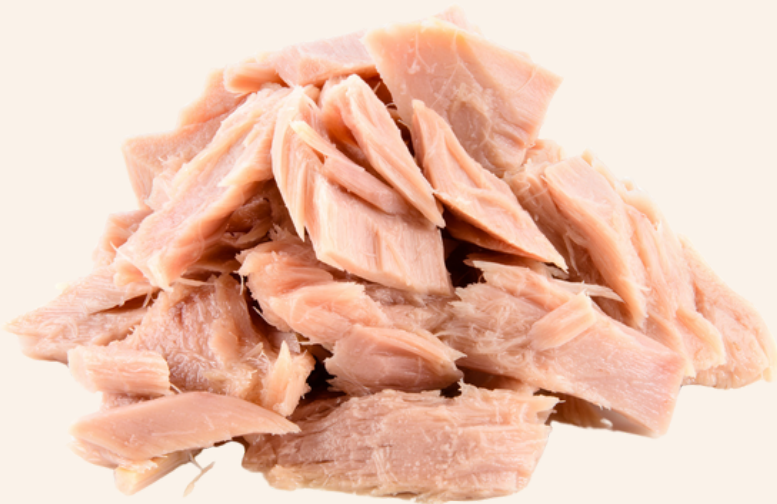
TANTALIZING TUNA CAKE

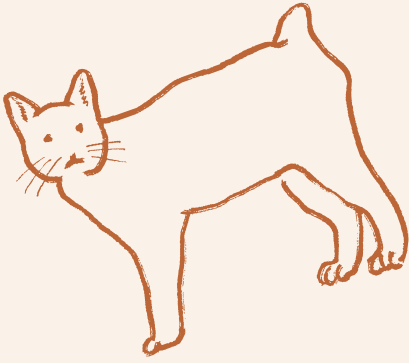
Directions

- 1 Preheat oven to 350°F. In a bowl, mix together tuna, eggs, flour and coconut oil until well blended.
- 2 Pour mixture into a greased baking dish and bake for 20 minutes until lightly browned.
- 3 Let cool before cutting into bite sized pieces for your cat!

Ingredients

- 1 6oz can of tuna packed in water, drained
- 2 eggs
- 1/4 cup flour
- 1 tbsp coconut oil





TOM CAT TATER TOTS

Instructions:

- 1 Mash sweet potato well with a fork. Stir in chicken, egg, flour and coconut oil until a thick batter forms.
- 2 Drop spoonfuls of mixture onto a greased baking sheet.
- 3 Bake at 350°F for 15 minutes until lightly browned.
- 4 Let cool before serving to your kitty!

Ingredients

·1 small sweet potato,
peeled and cooked
·1/2 cup cooked chicken,
shredded
·1 egg
·2 tbsp flour
·1 tbsp coconut oil





SIMBA'S SALMON MOUSSE

Instructions:

- 1 In a blender or food processor, blend salmon, cream cheese, broth and catnip (if desired) until smooth.
- 2 Spoon into a small bowl or apply to your cat's favorite toys.
- 3 Refrigerate unused portion for up to 3 days.

Ingredients

- 1 pouch or 5.5oz can salmon, drained
- 2 tbsp cream cheese, softened
- 1/4 cup no/ low sodium chicken broth (no onions or spicing) or plain homemade chicken broth
- 1 tbsp catnip (optional)



happy
treating

Crazy
CatsLady.com

www.CrazyCatsLady.com
CrazyCatsLadySite@gmail.com